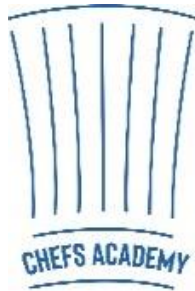


# NHS Supply Chain Chef's Academy 2020 - Present



# Identifying a Gap

1

No external forum for NHS chefs to improve knowledge and craft skills.

2

New, innovative recipes will mean a greater breadth in food offering.

3

Networking and sharing ideas will mean improved practices and a sense of pride.



Root Kitchen, Satay Noodle Salad

## Our Goals



- Create a new training platform bespoke for NHS chefs.
- Teach culinary skills through hands-on learning.
- Inspire through new recipes and analysis.
- Provide a platform to share best practice.
- Support and recognise achievements of NHS chefs.

**Later picked up by the Hospital Food Review team and mentioned in the document.**

## What we Developed



## Recipes

Quality statement: The results in this spreadsheet are accurate at the time of print-out and updates can be found on our website at [www.sussexhospitals.nhs.uk](http://www.sussexhospitals.nhs.uk).

Sussex's Income Statement and analysis of products to perform better.

Department		Product Range		No of Patients		13		Actual 2014	
Unit	Supplier Code	Commodity	Unit Weight	Unit Price	Quantity Used	Cost Per Unit	Unit Cost	Quantity Used	Unit Cost
<b>Ward 10</b>									
Ward 10/10	48957	Cardio	1000	4.00	277	0.75	208	400	208
Ward 10/10	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
Ward 10/10	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
<b>Ward 11</b>									
Ward 11/11	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
Ward 11/11	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
<b>Ward 12</b>									
Ward 12/12	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
Ward 12/12	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
<b>Ward 13</b>									
Ward 13/13	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
Ward 13/13	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
<b>Ward 14</b>									
Ward 14/14	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
Ward 14/14	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
<b>Ward 15</b>									
Ward 15/15	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
Ward 15/15	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
<b>Ward 16</b>									
Ward 16/16	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
Ward 16/16	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
<b>Ward 17</b>									
Ward 17/17	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
Ward 17/17	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
<b>Ward 18</b>									
Ward 18/18	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
Ward 18/18	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
<b>Ward 19</b>									
Ward 19/19	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
Ward 19/19	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
<b>Ward 20</b>									
Ward 20/20	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
Ward 20/20	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	400	12
<b>Ward 21</b>									
Ward 21/21	7122	ANESTHETIC GAS (N2O/O2)	1000	50	44	12.5	12	40	

#### Notes/Comments:

The following table gives the price per unit and total the unit's net amount sales and also taking into account discounts to give net sales and costs. Therefore the total is a realistic amount.

For the 1st 20m the price is 2.0m, after the 20m the net regular rate is 2.0m and after the 20m the net regular rate is 2.0m and after the 20m the net regular rate is 2.0m.

~ The material is sold at a high price

~ The price is

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# Recipe Sheet

Ingredients, grams, fluid oz, kcal		Comments		Marketing Suggestions				
Nutrition per portion								
	Kcal	Carbohydrate g/oz	Sugar g/oz	Total Fat g/oz	Saturated fat g/oz	Protein g/oz	Fibre g/oz	Salt g/oz
100%	584.5	65.9	15.2	12.5	3.1	10.2	0.2	1.0
100%	26%	24%	12%	18%	18%	76%	12%	50%

## Nutritional Information



Added  
Support.





# What we Developed

## Length:

One day (approximately 9-4)

## Content:

- Live demonstrations
- Hands-on cooking
- Expert speakers
- Networking opportunities.

## Joining you from NHS Supply Chain:

- Our culinary specialists
- Either a nutritionist or dietitian.



Norwich, 15 Feb 2022



Birmingham, March 2021

# The Right Environment



*“The chef’s academy is a great concept. The opportunity to work alongside colleagues from NHS Trusts, the private sector and supply chain is one that should not be missed.”*

**Daniel Hoggett, The Robert Jones & Agnes Hunt Orthopaedic Hospital NHS Foundation Trust.**

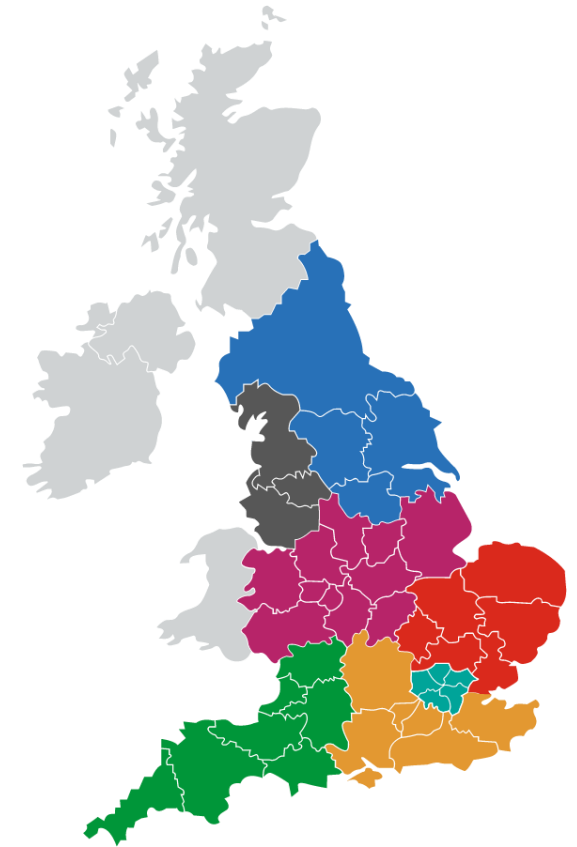
# Open to All

All spaces limited

Any NHS trust can attend

To date:

- Over 100 attendees
- Championed by the industry
- Roughly 30 hospital sites using recipes learned at an event.





# New Recipes

200+

Recipes

60+

Vegetarian

40+

Vegan





# New Recipes



Chef's Academy event, 24 May 2021.

The positive change we want to support\*

**98%**

Sat. fat target <6g

**72%**

Protein target >15g

**91%**

Below 600 kcal

**98%**

Sugar target <30g

\*based on current calculations

# Training and Development

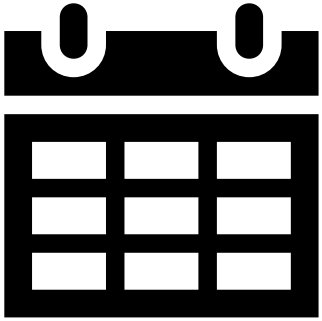


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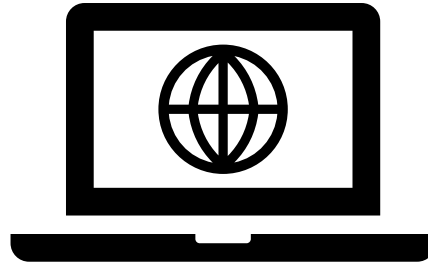


# The Future of the Chef's Academy

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**2022**



**Events on  
our Website**



**More  
Recipes**

# The Future of the Chef's Academy



*“The Chef’s Academy has already become a prominent part of promoting culinary skills within healthcare. What they [Nick and Steve] have created can only be described as innovative and inspiring.”*

**Phil Shelley, Senior Operational & Policy Manager – Soft FM, NHS England**



*“Thank you from every NHS caterer. What you’ve achieved, what you’re going to achieve going forwards, and the support you’re giving the chefs to enhance what they do for their patients and staff back in their trusts is absolutely amazing.”*

**Andy Jones, Facilities Manager, Birmingham Women's And Children's NHS Foundation Trust**



# Get in touch

[www.supplychain.nhs.uk/categories/food](http://www.supplychain.nhs.uk/categories/food)

[food@supplychain.nhs.uk](mailto:food@supplychain.nhs.uk)





**Questions**